

## PATIENT INFORMATION

Patient Title: (Check one)  Mr.  Mrs.  Ms.  Miss  Dr.

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Nick Name \_\_\_\_\_

Last Name \_\_\_\_\_ Suffix \_\_\_\_\_ Previous Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_ Cell Carrier (for text reminders) \_\_\_\_\_

Email (by providing my email address, I authorize my provider to contact me) \_\_\_\_\_

Contact Method: (Check one)  Primary phone  Secondary phone  Email

Place of Employment \_\_\_\_\_ Work phone \_\_\_\_\_

Social Security Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Referred by: (Check one)  Patient  Physician  Internet  Other Name of person \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age \_\_\_\_\_ Gender:  Male  Female

Marital Status: (Check one)  Single  Married  Other

Spouse Name & Phone number \_\_\_\_\_

**Emergency Contact:** Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone Number: \_\_\_\_\_

Insurance \_\_\_\_\_ Insured's Name \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Insured's Place of Employment \_\_\_\_\_

## PATIENT CONDITION

Reason(s) for visit \_\_\_\_\_

Is this condition due to an accident  No  Yes: (circle one) Auto Work Home Date of occurrence: \_\_\_\_\_

If this is a work related injury, will you be opening a workman's compensation case?  Yes  No

When did your symptoms appear? \_\_\_\_\_

Is it constant pain?  Yes  No Does the pain come and go?  Yes  No

How often do you have this problem? \_\_\_\_\_ How long does the pain last? \_\_\_\_\_

Does the pain radiate?  Yes  No If Yes, please explain: \_\_\_\_\_

Does the pain interfere with:  Work  Sleep  Daily routine  Recreation

Activities or movements that are difficult to perform:  Sitting  Standing  Walking  Bending  Lying Down

Mark an "X" on the picture where you continue to have pain, numbness, or tingling:

Circle your pain on the scale below of 0-10:

At rest: No pain 0 1 2 3 4 5 6 7 8 9 10 Extreme Pain

With activity: No pain 0 1 2 3 4 5 6 7 8 9 10 Extreme Pain

What time of day is your current pain/problem worse?

Morning  Late in the day  Middle of the night  As the day progresses  N/A

Current pain/problem can be described as: (Check all that apply)

Electric  Sharp  Stabbing  Knife-like  Piercing  Shooting  Achy

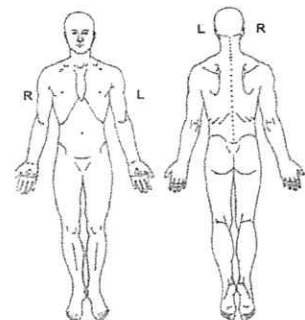
Gripping  Heavy  Cramp-like  Burning  Deep  Superficial  Stiffness (AM, PM, or both?)

Spasms  Tearing  N/A

What treatment have you already received for this condition?

Medications  Surgery  Physical Therapy  Chiropractic Care  None

Name of other doctor(s)/provider(s) who have treated you for this condition and how: \_\_\_\_\_



## PERSONAL HEALTH HISTORY & REVIEW

How many hours of sleep are you getting per night?  Less than 5 hours  6-8 hours  8-10 hours  10+ hours

How would you rate your sleep on the following scale? Wake up fully rested 1 2 3 4 5 6 7 8 9 10 No/Poor sleep

How many days a week do you exercise for 30 minutes or more?  0  1-2  3-4  5-6  7

How would you rate your intensity of your exercise? High Intensity 1 2 3 4 5 6 7 8 9 10 No Exercise

How would you rate your physical stress level? No Stress 1 2 3 4 5 6 7 8 9 10 Very Stressed

How would you rate your emotional stress level? No Stress 1 2 3 4 5 6 7 8 9 10 Very Stressed

List your major stressors: \_\_\_\_\_

What are your health goals? \_\_\_\_\_

*In addition, talk to your provider about other areas which may be affecting your health, such as financial worries, social support, and alcohol/tobacco/drug use.*

Are you currently under the care of any Healthcare Provider or Physician?  Yes  No

If yes, for what conditions? \_\_\_\_\_

Provider(s) Name(s): \_\_\_\_\_

Has your doctor diagnosed you with Hypertension recently?  Yes  No Last blood pressure: \_\_\_\_ / \_\_\_\_

Has your doctor diagnosed you with Diabetes recently?  Yes  No

If yes, was your blood lab work test for Hemoglobin A1c > 9.0%?  Yes  No  Unknown

If yes, other comments regarding diabetes: \_\_\_\_\_

Have you had an x-ray or CT scan or MRI scan of your low back (lumbar spine) in the past 28 days?  Yes  No

Do you wear any of the following?  Heel Lifts  Innersoles  Arch Supports  Orthotics  Other \_\_\_\_\_

For how long? \_\_\_\_\_ Were they prescribed by a doctor?  Yes \_\_\_\_\_  No

Have you seen a chiropractor in the past?  Yes  No Date of last visit: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Were you satisfied with your care?  Yes  No Why? \_\_\_\_\_

### Dates of last:

|                   |  |                       |  |
|-------------------|--|-----------------------|--|
| Chiropractic Exam |  | Prostate / PSA        |  |
| Cholesterol       |  | Mammogram             |  |
| MRI scan          |  | Pap Smear             |  |
| CT scan           |  | Colonoscopy           |  |
| Spine x-ray       |  | Stool check for blood |  |
| Bone density scan |  |                       |  |

### Childhood Illnesses:

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> ADD                   | <input type="checkbox"/> Headaches    |
| <input type="checkbox"/> Atopic dermatitis     | <input type="checkbox"/> Hepatitis    |
| <input type="checkbox"/> Allergies / Hay fever | <input type="checkbox"/> HIV          |
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Measles      |
| <input type="checkbox"/> Asthma                | <input type="checkbox"/> Mumps        |
| <input type="checkbox"/> Bed wetting           | <input type="checkbox"/> Psoriasis    |
| <input type="checkbox"/> Cerebral palsy        | <input type="checkbox"/> Rash         |
| <input type="checkbox"/> Chicken Pox           | <input type="checkbox"/> Scoliosis    |
| <input type="checkbox"/> COVID                 | <input type="checkbox"/> Seizures     |
| <input type="checkbox"/> Crohn's / Colitis     | <input type="checkbox"/> Sickle Cell  |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Spina Bifida |
| <input type="checkbox"/> Diabetes              | <input type="checkbox"/> Other:       |
| <input type="checkbox"/> Ear infections        |                                       |
| <input type="checkbox"/> Fetal drug exposure   |                                       |

### Immunizations:

- |   |   |
|---|---|
| <input type="checkbox"/> All recommended vaccines           | <input type="checkbox"/> Not vaccinated |
| <input type="checkbox"/> Adenovirus                         | <input type="checkbox"/> COVID _____    |
| <input type="checkbox"/> DTaP(diphtheria,tetanus,pertussis) | <input type="checkbox"/> Haemophilus B  |
| <input type="checkbox"/> Hepatitis B                        | <input type="checkbox"/> Gardasil       |
| <input type="checkbox"/> Influenza                          | <input type="checkbox"/> IPV (polio)    |
| <input type="checkbox"/> MMR (measles, mumps, rubella)      | <input type="checkbox"/> Pneumococcal   |
| <input type="checkbox"/> Rotavirus                          | <input type="checkbox"/> Tetanus        |
| <input type="checkbox"/> Varivax (chicken pox)              | <input type="checkbox"/> Other: _____   |

# New Life Chiropractic

## Consent for Purposes of Treatment, Payment, and Healthcare Operations

I, \_\_\_\_\_ (Name of Individual) consent to New Life Chiropractic, use and disclosure of my Protected Health Information for the purpose of providing treatment to me, for purposes relating to the payment of services rendered to me and for the practice's general healthcare operations purposes. Healthcare operations purposes shall include, but not be limited to clinical education, quality assessment activities, credentialing, business management and other general operation activities. I understand that the practice's diagnosis or treatment of me may be conditioned upon my consent as evidenced by my signature on this document.

For purposes of this consent, "Protected health Information" means any information, including my demographic information, created or received by the practice, that relates to my past, present, or future physical or mental health or condition; the provision of health care to me; or the past, present, or future payment for the provision of healthcare services to me; and that either identifies me or from which there is a reasonable basis to believe the information can be used to identify me.

I understand I have the right to request a restriction on the use and disclosure of my protected health information for the purposes of treatment, payment, or healthcare operations of the practice, but the practice is not required to agree to these restrictions. However, if the practice agrees to a restriction that I request, the restriction is binding on the practice.

I understand I have a right to review the Practice's Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes my rights and the practice's duties regarding the types of uses and disclosures of my protected health information.

I have the right to revoke this consent, in writing, at any time, except to the extent that the chiropractor or the practice has acted in reliance on this consent.

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Signature of Patient or personal representative

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Name of Patient or Personal Representative

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Date

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Relationship to Patient

# New Life Chiropractic

**Patient Records:**

Patient records, including x-rays, are property of New Life Chiropractic. These records are only released with your written permission or as required legally.

**Financial Matters:**

Payment is due at the time services are provided unless prior arrangements have been made. All charges will be explained prior to any service being performed.

**Insurance:**

The clinic accepts assignment for most insurance companies and will be happy to pre-verify your insurance coverage if you request. You will need to provide your insurance card for this process.

We **DO NOT** participate with Medicare, but will file for you if the status is acute.  
We **DO NOT** accept Medicaid or Tri-Care

**Personal Injury:**

In most cases, New Life Chiropractic will accept assignment for payment. If New Life Chiropractic accepts assignment for payment, the patient is still legally responsible for their account balance. A lien will be signed by patient to authorize direct payment to the clinic through your attorney or insurance company and permit the endorsement to co-issued checks.

**Workers Compensation:**

Work related cases are accepted on assignment with permission of the employer and prior authorization from the employer's compensation insurance.

I have read the above statements and accept these conditions.

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Patient Representative \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

# New Life Chiropractic

I, \_\_\_\_\_ (PATIENTS NAME) acknowledge that I have reviewed, and understand and agree to the Notice of Privacy of New Life Chiropractic, which describes the practice's policies and procedures regarding the use and disclosure of any of my protected health information created, received, and maintained by the practice.

Date \_\_\_\_\_

Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

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## For office use only if notice not provided to patient

The practice has made a good-faith effort to obtain an acknowledgement of \_\_\_\_\_ (patient name) receipt of our notice privacy practices. In spite of these efforts, the practice has been unable to obtain a signed acknowledgement of receipt for the following reasons (check all the apply):

\_\_\_\_ Patient Unavailable

\_\_\_\_ Patient physically unable

\_\_\_\_ Patient unwilling

In an effort to obtain the patient's acknowledgment, the practice has attempted to provide the patient with a Notice of Privacy Practices in the following manner: (check all)

\_\_\_\_ Personally      \_\_\_\_ Mail      \_\_\_\_ Phone follow up

\_\_\_\_ Other

Date \_\_\_\_\_

Signature \_\_\_\_\_

New Life Chiropractic

Dr. Daniel Synowicki D.C.